ASPIRE INSTITUTE OF HEALTH & PROFESSIONAL STUDIES · TANDO ADAM

CERTIFIED NURSING ASSISTANT (CNA)

Curriculum and scheme of studies

DURATION 2 Years, annual exams	EXAMS Annual exams	AWARDED / EXAMINED BY SNEB Karachi · recognised by PNMC
GENDER Male / Female	AGE 14–35 years	CLINICAL TRAINING Yes, in both years
ATTENDANCE 75% required	ASSESSMENT Theory + viva	

SCHEME OF STUDIES

Classroom teaching and supervised hospital practice in both years. Annual exams by the Sindh Nursing Examination Board.

First year: foundations of nursing care

Fundamentals of Nursing
Basic patient care, personal hygiene, vital signs, infection prevention, patient safety, communication, documentation and essential nursing procedures.

Anatomy & Physiology
Structure and function of the human body and its major systems, and how they relate to health, illness and patient care.

English I
Reading, writing, comprehension and communication for the hospital.

Islamiat / Ethics
Dignity, respect, compassion, confidentiality and responsibility in patient care.

Hospital Clinical Practice I
Supervised training in fundamental patient-care skills.

Second year: applied nursing care

Medical-Surgical Nursing & Pharmacology
Common medical and surgical conditions, observation and reporting, medication safety and basic pharmacology.

Community Health Nursing & Nutrition
Health promotion, disease prevention, hygiene, health education and the basics of nutrition and diet.

Paediatric Nursing
Care of infants, children and adolescents: growth, hygiene, nutrition, safety and common childhood illnesses.

English II
Professional communication, healthcare terms, documentation and interpersonal skills.

Hospital Clinical Practice II
Broader clinical competencies under supervision.

ELIGIBILITY

- FSc Pre-Medical 45%, or Matric Science (Physics, Chemistry, Biology) 45%, or Matric Arts / FA 50%
- Age 14 to 35 years · male and female

CAREER SCOPE

Nursing support

- Certified nursing assistant
- Nursing assistant
- Nursing aide

Patient care

- Patient care assistant
- Healthcare assistant
- Ward / patient care assistant

Community & long-term care

- Home healthcare assistant
- Support staff in hospitals and clinics
- Rehabilitation and long-term care facilities

WHO TEACHES YOU

Programme Coordinator | Senior Nursing Instructor | Nursing Instructor | Clinical Instructor | Nursing Skills Lab Instructor | Anatomy & Physiology | Medical-Surgical Nursing | Community Health & Nutrition | Paediatric Nursing | Pharmacology | English & Communication | Islamic Studies / Ethics | Clinical Supervisor